REWARD YOURSELF

BOYCOTT POLLUTION

I'm upset about how pollution is making global weather patterns more erratic. *In the US, most weather disaster casualties fit into just a few categories: children, the elderly, first responders, and the poor.*

I'm also disturbed about the health impacts of "local" pollution. *Did you know that (world-wide) thousands die each day from pollution-related causes?*

I hate spending money that ends up in the bank accounts of fossil-fueled warlords and corrupt petro-dictators. For example, much of <u>Putin's military</u> is funded by gas and oil proceeds.

And, if you're like me, you've become exasperated with the lack of progress regarding pollution eradication. So I say let's try a new idea: a boycott of pollution.

The details are spelled out at: boycottpollution.org

To boycott pollution, I made changes in my life - positive changes. No more eating beef is one example, switching out our old furnace for a heat pump was another (in addition to meeting with various government officials).

How good will it feel to make a meaningful contribution to clean air and healthy living?

Besides, if poison-pollution kills and destroys, don't you want to be part of a boycott? Isn't it past time to send our leaders (and neighbors) a message of action - that we're beyond tired of ever-more asthma, lung cancer, wildfires, and floods? If you're sick of seeing corporate greenwashing commercials, and hearing empty political promises ("oh yes, we're concerned about..."), then you're ready to boycott pollution!

Americans create as much greenhouse pollution (per person) as any other nationality, on average. And higher educational levels correlate with higher personal-pollution production levels. If that sounds like someone you know, why not consider changing old habits?

A boycott of pollution likely will require modifications of your life-stlye...modifications for the better, *perhaps* including:

- A healthier diet
- Less stress

- A clean (green) conscience
- A greater appreciation for what you have and where you live
- A feeling of accomplishment
- More leverage during negotiations with civic & business executives
- And, maybe, more joy, gratitude, and pride

Go to <u>boycottpollution.org</u>; calculate how much pollution you make; then quit making so damn much of it; *and* urge everybody to join in the fun! Experience a better life.

David Page is the founder of <u>boycottpollution.org</u>. He retired from the San Francisco Department of Public Health in 2015 after a career as a therapist/social-worker. Since then he's been active in various anti-pollution efforts.